

# IS YOUR CLASS ACHIEVING HIGH QUALITY PE?

SCHOOL				
CLASS		AUTUMN	SPRING	SUMMER
<b>Commitment</b> Did you take part in all your PE lessons?				
<b>Understanding</b> Did you know what you were trying to do in your PE lessons?				
<b>A healthy Active Lifestyle</b> Did your lesson help you to understand about health and your body?				
<b>Confidence</b> Did you answer any questions during your PE lesson?  Did you demonstrate in front of others ?				
<b>Skills</b> Did you use different skills during your lesson?				
<b>Participation in different types of activities</b> Did you do any other activity this week extra to your PE lesson?				
<b>Thinking and Decision Making</b> Did you look at other pupils performances and comment on them?				
<b>Desire to Improve</b> Did you always try to do your best in your lessons?				
<b>Stamina, Suppleness &amp; Strength</b> Did you move around a lot throughout your lessons?				
<b>Enjoyment</b> Did you smile a lot during your PE lessons?				
Did you tell anyone what you did in PE?				

Colour in the boxes each term reflecting upon how many smiley faces have been coloured in.  
 Colour RED if 50% or less of class had happy faces  
 Colour Amber if 51-84% of the class had happy faces  
 Colour Green if 85 - 100% of class had happy faces