

Multiskills Induction Workshop for SSPs

Friday 8th January 2010



Herts Sports Partnership is delighted to offer the Multiskills Induction Workshop which includes:

Fundamentals of Movement

This practical workshop explores the concepts of Agility, Balance, Co-ordination and speed. It complements other coach education resources which may focus on the movement skills of running, hopping, skipping etc. This workshop assists coaches and teachers to observe, analyse and coach good movement patterns within their sessions whether multi-skill or sport specific.

Multi-skill Clubs in Practice

This practical workshop is designed to help participants integrate the ABC's into Multi-skill Club sessions. It will give delegates the opportunity to develop ideas with others and share good practice.

Cost: £FOC* **Time:** 10am – 4pm

* The workshop is offered F.O.C. to all nominated representative of School Sports Partnership. However, no shows will result in a £50 charge to the SSP.

Venue: Hertfordshire Sports Village, de Haviland Campus, Hatfield Business Park, Hatfield, AL10 9EU

DEADLINE FOR REGISTRATION: FRIDAY 18TH DECEMBER 2009

For more information on the Herts Sports Partnership and to view a full programme of workshops, visit our website: