

Volume 6 Issue 1

Dates for your Diary

5 Mar, 2 Jul Hemel Sports Fayres Year 2

10Feb, 30 June Hemel Inter school Festivals Year 1

29 Apr Berkhamsted Sports Fayre Year 2

20 May Berkhamsted Inter School Festival Year 1

25 & 26 March TOP LINK Training

31 March DSSP Dance Competition

Autumn 2009



Happy New Year. I hope you all had a fantastic Christmas, and are looking forward to the term ahead. Last term proved another success for the partnership with the PESSYP results coming out, and 95% of our pupils doing 2 hours in the curriculum and 49% doing three hours. Thank you all for your efforts in helping to achieve these results.



As always more needs to be done, and I would like to get the partnership to at least 60% of our pupils doing three hours by the end of this academic year.

It was another busy term with lots of festivals, training, conferences and competitions taking place, which I am sure you will read more about later in this newsletter.



With the end of last term we said goodbye to Kate Pearson the Partnership Administration Assistant, we wish her well in her new job. Her replacement will be joining us at the end of January.

Another busy term to look forward to, and I hope to see many of you at the Partnership Dance competition, and at other events planned.

Thank you once again for all your support, have a great term
Clare



Dacorum Primary Schools Cross Country Championship 2009



The Primary Schools Cross Country Championship took place at Longdean School on a surprisingly dry but windy day in November. 20 schools took part with 25 teams in the girls' race and 26 teams in the boys' race. This meant that there were a massive 146 girls and 177 boys running. The event was marshalled by Longdean School Sports Leaders. All the competitors, schools and teachers should be congratulated for producing such a fantastic championship.

Bridgewater School gained a clean sweep of the trophies – very well done to them. The runners up were South Hill in the boys' trophy, Holtsmere End in the girls' trophy and St Cuthbert Mayne in the overall trophy.



Year 4 Partnership Sport Stacking Final



Thursday 26th November was the Dacorum Partnership Year 4 Speed Stack Final held in the Sports Hall at The Cavendish School. We had 8 different teams of 4 boys and 4 girls representing their hub Secondary School. Victoria School were the overall winners and will therefore go on to represent the Dacorum Sports Partnership in the Herts County Final.



Playground to Podium

Playground to Podium is the new national strategy for the identification, development and support of talented young disabled athletes, developed by the Youth Sport Trust and the British Paralympic Association. The Playground to Podium framework forms a pathway which will take young disabled people from PE, through participation to high level performance and competition. The ultimate aim of this pathway is to produce our next Paralympians and elite disabled athletes. However it is essential that all young disabled people are able to take part in high quality provision of their choice. One of the four key interventions in Playground to Podium is the provision of Identifying Ability Days. These days bring together young disabled people so that they can experience a range of high quality coaching environments through which to assess their sporting potential.

The second Partnership P2P Day took place at Woodside in Garston in September. The students who attended firstly took part in a number of Boccia and New Age Kurling competitions. It was then outside to the Athletics Stadium where every body was measured and timed in the various running, jumping and throwing athletic disciplines.



Year 2 Taster Fayre 13th November 2009

On Friday 13th November Year 2 pupils were invited to take part in a Taster Fayre. On the day Nash Mills, St Rose's, Pixies Hill, Boxmoor, George Street, Two Waters and Leverstock Green Primary all came together to participate in a range of sports; Athletics, Aerobics, Dance, Sport Stacking, Multi Skills, Tri Golf, and Gymnastics. Each sport was led by a qualified instructor or teacher from local clubs and organisations. Also Sports Leaders from The Hemel Hempstead School, Cavendish School, Longdean School and JFK School all assisted or led activities throughout the day. The year 2 pupils had a fantastic day and the atmosphere in the sports hall was electric! The pupils worked really hard on the activities and were exhausted by the end of their session! Well Done to all those schools and pupils that attended the



Year 1 Inter Competition 25th November 2009



Year 1 pupils from South Hill, Lime Walk, Broadfield, Brockswood, Micklem, Two Waters, Pixies Hill, Chambersbury and George Street all came together on the 25th November for an Inter Competition. The pupils had the opportunity to take part in a range of activities including sport stacking, football dribbling, balancing, bean bag throwing and many more. They worked around the activities on a carousel and were given the chance to practice on the first time around. On the second time around the pupils scored points for their school. The competition was very high and the pupils really enjoyed the chance to shine in various skill situations. The activities were run by Apex Multisports staff and Btec Y12 Sports Leaders from The Hemel Hempstead School.

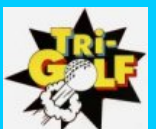
Results:

Brockswood	1st
Broadfield	2nd
Southhill	3rd
Lime Walk	4th
Micklem	5th
Two Waters	6th
Chambersbury	7th
Pixies Hill	8th
George Street	9th



CPD Training Day 5th November 2009

On 5th November PLT's, Coaches and ASL's were invited to a CPD training day held by the Dacorum Sports Partnership at Hemel Sports Centre. On the day the delegates could take part in a maximum of 2 workshops which ranged from; Funky Cats, Tag Rugby, Gymnastics, Multi Skills, Tri Golf, Sport Stacking, Dance and Netball. The day was a huge success and those people that attended the day gained an awful lot from their experience.



COMPETITION MANAGERS

Table Tennis

The partnership U13 and U16 table tennis competition was held at Cavendish school on the 20th and 21st Oct. Both events were a huge success with 14 teams representing 8 schools in the U16's and 8 teams representing 5 schools in the U13's event. The boys from Tring dominated both boys events, only losing 2 games between them, and going on to the county finals. The U13's managed to finish 2nd and the U16's finished 3rd in their groups. Thomas Coram girls did well beating JFK in the U13's girls and heading to the county finals to join Ashlyns U16's girls. At the finals, Thomas Coram finished 3rd in their group. Ashlyns girls managed to win their group and ended up finishing second overall, narrowly missing out on a trip to the regional finals.



Badminton



The U14 and U16 badminton competitions were held at JFK at the beginning of December. Tring were one of the schools to do well again, with their U14 girls and U16 boys winning their respective competitions. The boys dropped only 3 games on their way to the semi-finals, and thoroughly deserved their win without dropping a single game in the semi's or the final! Similarly the U14 girls lost just 2 games in their matches! The girls U16's was a tighter competition, but with some close games, the Kings Langley girls still won all their matches! In the closest match of the event, Tring were there again for yet another final in the boys U14's against JFK 2nd team! In the 5 game final JFK and Tring traded games for the first 4, leaving it tied 2-2 going into the last game.

With all the boys playing well in the final game, JFK made a small run to take a four point lead. In the last minute of the game Tring began a come back, but eventually ran out of time as JFK won the final game 12-10 and booked themselves a place in the county finals!

Multisports

Year 7 and 8 multisports events were held at Cavendish and Hemel schools early in November. The year 7 event was a close affair with Cavendish and Astley Cooper neck and neck through most of the sports. In the end it came down to the last results in from the boys football! Cavendish got the win where it was needed and Astley Cooper came 4th, making Cavendish school the overall winner of the event!

In the year 8 event Astley Cooper school were runaway winners with their girls winning both the basketball and the netball events.



Final positions:	Year 7 Event (School (points))	Year 8 Event (School (points))
1 st	Cavendish (132)	Astley Cooper (151)
2 nd	Astley Cooper (127)	Cavendish (121)
3 rd	Adeyfield (78)	JFK (68)
4 th	Bridgewater (75)	Hemel (56)
5 th	Hemel (70)	





Hertfordshire U19 Schools Boccia Championship

The Hertfordshire U19 Schools Boccia Championship took place at Herts Sports Village. Eight teams from across Hertfordshire participated, two of which were teams from the Dacorum SSP. The Dacorum teams were from Woodfield School and from Hemel Hempstead School. They competed excellently throughout the Championship with Woodfield finishing 4th in their group and Hemel Hempstead 2nd in their group. The final match of the day was between Woodfield and Hemel Hempstead and this was narrowly won by one shot by the team from Hemel Hempstead School.

Adeyfield Family News

Year 5/6 Fun Run

This year's Adeyfield Fun Run took place on Wednesday 14th October around the school's sports field. The event involved over 200 pupils from Hobletts Juniors, Broadfield, and Tudor. The course was approximately 2km in distance and there was also a mini obstacle area included, just to surprise a few runners. The pupils displayed a high level of commitment to complete the run and were led by Year 13 Sports leaders. Well done to all of those involved and special mention to Zoe Smith from Hobletts (Top Girl) and Zyon Reavill-Blake from Tudor (Top Boy and Overall Winner). Congratulations must also go to Hobletts Juniors and their runners for representing the family at the District Cross Country Championships.



Young Sporting Ambassadors (YSA's)

To develop skills in volunteering and leadership but also to recognise the contribution students make to school sport; Adeyfield has recently selected a number of students from years 10 and 11 to be part of this latest project. Selected candidates were invited to apply, with interviews and feedback following. The process enabled students to gain experience in applying and interviewing for a specific role, and hopefully the feedback they received will help them in the future. The Ambassadors will provide a student voice for the PE Department and support the work with the primary schools and the extra-curricular work with the lower school. This will no doubt have a positive impact for sport and PE within the Adeyfield Family.



Active 6/Street Defence

This has been good for engaging 6th form students and giving them the opportunity to learn a new activity that will hopefully help them out of school. Thanks to the coaches for making the sessions motivating and fun for all the participants.



Coaching fund/livewire

Adeyfield has had support in a number of sports this term, including Basketball, Rockitball, and Dance sessions. Thank you to the coaches and the School Sport Partnership for making it happen. The students have really benefited from the additional coaching in all the sports and have led to opportunities out of school, which is great. Good luck to the girls in their up and coming dance show!



Yr 12 Sports leaders

Sports Leaders' level 2 is now in its second year at Ashlyns. With all students completing successfully last year, we are hoping for a repeat performance. 4 of the leaders attended the Step into sport conference this term, where they met like minded people and took part in a variety of team building activities and delivered some sessions to their peers. Following their SIS conference experience, it's hoped that the students involved go away with a real sense of confidence, self-esteem and enthusiasm and that they can use the skills that they have developed to pass this on to other young people. As well as volunteering outside of school, the year 12's have been planning and delivering multi skills & Basketball sessions to year 5 & 6 pupils at Thomas Coram and assisting with inter house competitions at Swing Gate. Well done and thank you for your help.



Inter House Speed Stacking & Multi skills competition @ Swing Gate

A lot has been going on at Swing Gate this term. Every student from year 1-4 took part in the Inter House Speed Stacking Competition with some fantastic results. Having spent time with each class going through various cycles, lots of them joined the school club to improve their times and compete against others. A huge thank you to the yr 12 sports leaders who helped out with the timing of the competition.

Currently the virtual multi skills competition is taking place at Swing Gate, hitting year 1 & year 3 first. Under the guidance of the partnership competition manager and help from the Sports Leaders, pupils have been taking part in a number of activities including target throws, balance challenges, and timed agility runs. Congratulations to you all. Results out soon!



Inter House Gymnastics at Potten End

Year 3 & 4 students at Potten End were put through their paces at the end of their gymnastics unit this term. Students performed an individual and group routine and were given a score out of 20: a maximum of 5 points were awarded from aesthetic quality, teamwork/cooperation, body tension/control of moves and whether or not students displayed unison and cannon. All students had been practicing very hard throughout the weeks prior to the competition. An excellent display of skills.

G&T Trampolining with TC

The year 6/7 PE Gifted and Talented students from Thomas Coram have been putting their skills in action on the Trampolines. Just after 4 sessions all students were comfortable with trying forward somersaults.

X country

Year 5 & 6 students from Bridgewater and Thomas Coram have been running to victory in this years' Cross Country Events. Cuthbert Mayne hosted the first in which the BW came first and TC came second. Daniel Macey and Holly Driver from TC came first in their races. BW organised the second event and had a victorious win. All that training paid off in the end! Well done



Inter school Basketball Competition

Year 6 from TC were put through their paces during the Ashlyns and Tring Basketball competition this term. After a warm up and drills, all pupils were divided in to 9 teams. Each team played 6 games. The skills from the TC students shone through and baskets were made left, right and centre! Well done to you all. A really good tournament to watch!

Dancing with Nursery

I have spent several weeks visiting St Mary's school and have been working with the Nursery teacher and delivering dance. What an eye opener. The students were so imaginative and creative and great to work with. We worked through some Val Sabin dance ideas and all the pupils loved it.

Urban Rebounding at Ashlyns

There's a new craze in town and it's called Urban Rebounding! Urban Rebounding is a unique form of exercise that reduces your body fat and firms your legs, thighs, abdomen, arms and hips. The workout not only improves the participant's cardio-vascular fitness, but it continually challenges balance, & coordination like no other activity can.



For a whole day students and teachers from Ashlyns School took part in this new activity. It was a very successful day and all pupils really enjoyed this new activity, so watch this space there could be an Urban Rebounding club happening in your school very soon!



Activities week at St Mary's

St Marys' started off their Autumn Term with an Activities week. Golf was lead by Noel from Whipsnade Golf Park, Dance & Speed Stacking was lead by the



Ashlyns SSCo and Sports Leaders, football was lead by one of the Ashlyns Young Ambassadors, and to top things off an Olympian visited the school to show off some of his skills and to encourage all of the SM students to be active. An extremely enjoyable week had by all, with thanks to Matt Tavender.



Ashlyns Family Year 4 Speed Stacking festival



An excellent turn out at this years speed stacking festival. Each school entered a boys and girls team to compete in the 3-6-3 relays. Some super fast stacking action was displayed from all schools, but in particular, Victoria First School. After winning the girls, boys and team relay they went on to represent the Ashlyns family in the district final held at Cavendish. Competition was very high however overall Victoria were victorious!!!



Astley Cooper Family News

**step
into
sport**

Partnership GOLD Young ambassadors

Hi my name is Sarah Norton I am 17 years old and have been at The Astley Cooper School since year 7. I have always enjoyed and participated within sports all through my school years, studying it at GCSE and currently at A-level. I have competed at a variety of different levels but my highest reaching national level for swimming. I currently participate in Swimming, Kickboxing and Dance. I am currently the Gold Young ambassador for Dacorum and my role is to inspire young people to participate within sport. I'm currently doing some leadership and coaching at my swimming club and I have helped out with a few school events.

Hi my name is Michael Hollington and I am 18 years old and have been at The Astley Cooper School since year 7. I have always enjoyed and participated within sports in my 6 years at the school playing for the football, rugby, athletics and cricket team. I studied GCSE sports and am currently studying sports at A-levels. My favourite sport is football and athletics where I competed at district level for athletics. I currently play football for a local Sunday league team. I am currently the Gold Young ambassador and it is also my role to inspire young people to participate within sports using the Olympics as inspiration. I'm currently running clubs within school and at two local primary schools and had led several school events.

We are currently working on a leadership training scheme within family of schools where we help the PE Staff train young leaders giving tips and hints on successful leadership.

So far as Young Gold ambassadors we have been to two conferences one at the Twickenham rugby stadium and one at the sports centre in Ware. The first conference we went to was at Twickenham rugby stadium; this was the initial conference where we met all of our fellow young gold ambassadors as well as previous and present Olympians. Meeting the Olympians was a great honour and great inspiration to helping us inspire young people to get into sport. During the conference the young gold ambassadors got split up into teams, each team was named after a location that the Olympics were held. Sarah and I were in team Seoul lead by present Olympian Nick Robinson-Baker. We completed a range of activities which incorporated the Olympic vision it was a great experience and we are looking forward to bringing some Olympic spirit to Dacorum.

FUN RUN YEAR 5 AND 6

60 year 5& 6 students came to Astley cooper to take part in the family fun run. This took them around the fields of the schools. The overall run was won by Holtsmere who had some excellent runners which went on to represent the family at the partnership x country.



SPORTS STACKING FESTIVALS

275 students from the Astley cooper family squeezed into the gym to take part in the first speed stacking festival of the year. Students from Hammond, Brockswood, Holtsmere, Aycliffe Drive and Maple Grove all competed in a series of cycles helped by the year 10 sports leaders who helped to run the event. The overall winners were Brockswood with A Hammond team close second.



SKY LIVING FOR SPORT

Astley Cooper received a special visit in November, from a group of high profile people from different organisation associated with the sky sports living for sport scheme. Including a welcome return to Gail Emms, members of the sky sport team, and the head of the youth sports trust. The purpose of their visit was to see in action our sky living for sport programme which this year we are running with a group of selected year nine girls. through this scheme our students get to gain a variety of different experience and meet sporting stars to inspire them. some of the boys from last years project also got to share their experiences and show how the scheme had benefited them. One of the our students as a result of last years project has had a reduced number of behaviour incidents and has started to coach younger children in rugby at Hemel stags.



Astley Cooper role model sporting success

Dean Carder recently took part in the world championship for 'tong soo do' in Australia. He competed in the under 65kg category and came home with one team gold medal and two individual silver medals. He is now training for the next world championships which will take place in Detroit 2012.



Mia Taylor took part in the world age group championships for Double Mini Trampolining which was held in Russian. Where she came 9th out of 32 other athletes from all over the world. Mia started this sport about a year ago. So this was a fantastic achievement.

Three Astley cooper students Sarah Norton, Lucy Robins and Alice Phillips have successfully auditioned to become members of the county dance company Impulse. The trio are training 2 hours every Sunday and will take part in performances around the county.

Cavendish Family News



South Hill Primary School Key Stage One pupils were invited to two sports events recently. Year 1 and 2 went together to Cavendish to try out their new Sports Hall and had a fantastic time trying out a range of new events organised and led by Cavendish students. They especially enjoyed the Boccia and Curling! Once back at school, we created a display of all our exciting new achievements based around the sports tried. Year 1 then accompanied Hemel School students to Dacorum Sportspace for a sports taster fair - again, many activities were tried and tested. One South Hill team were even placed in 1st place! The children all had a great time and can't wait for the next sports fair to be held. They are becoming very competitive!



Cavendish Family News

The 1st Ever Cavendish Badminton U16 Team in 17 Years!!!

Since I have been at Cavendish I have never had the opportunity to enter a team into a Badminton Competition. This all changed on Tuesday 1st December when we took a boys and girls team to J.F.K to play in the Dacorum U16 Tournament. We were relying on previous experience and enthusiasm as we have not yet got a badminton club up and running. The team members all enjoyed the experience and had various levels of success. A massive well done to Jason Cheng who won all his matches. The other team members were Tom Calverly, Matt Stidston, Liam Boyland and Edward Wong. The girls team was Danielle Town, Rebekah Holden, Molly Rai and Holly Oakley they all played really well and we definitely learnt a few things.



Year 10 Sports Leaders at the Year 1 / 2 Multi Skills Festival.

Wednesday 20th October was the Year 10's first experience of a festival. It was our first festival in the new sports hall and we went for it in a big way with 200 pupils from some of our family of primary schools. The Year 10's all lead a different activity putting into practise their communication and organisation skills that we have been working on in lessons. Everyone had a great time and the Year 10's were a credit to the school.

Well done
Mrs Tizard



Year 5 and 6 Cavendish Family Cross Country Festival

Thursday 21st October was when over 300 local primary students came to Cavendish to run against each other.

We ran 4 races and it was great to see everyone having a great time! A big thank You to The Year 11 BTEC group for marshalling and collecting the scores and Rebekah Holden Year 11 Sports Ambassador and Abbie Gurney Year 12 Sports Ambassador for organising the runners at the finish.

Mrs Tizard.



U19 Specialist Sports College Netball Tournament – South East Regional Round.

Monday 16th November was the first round of the competition and we had to travel to Barking Abbey school in Essex.

Last year the girls were the U16 National Champions but with Erin, Emily and Abbey now in Year 12 we have had to move up into the Senior age group which meant our Year 11 girls were playing against girls 2 years older than them!

The weather on the morning was high winds and pouring rain but after eventually finding the school the rain had stopped and the sun had come out. The girls played some outstanding netball with excellent team work winning all their first 5 games with ease.

- V Park House won 14 – 3
- V Dr Challoners won 10 – 8
- V Chiselhurst and Sidcup won 15 – 9
- V King Edwards won 12 – 3
- V Davenant won 17 – 5.

Our final game was against Barking Abbey who was the National Champions last year not only in the Sports College Competition but also National champions in the Schools competition.

We had watched them play during the day and were slightly apprehensive. Our girls played hard against them but they were so tall and strong it was nearly impossible to get the ball into our shooters. We lost 22 – 2 but it was definitely an experience!

With such fantastic results all day meant Cavendish was 2nd overall and so through to the next round in February.

Well done to all the girls: Erin Allport, Abbey Gurney, Emily Collins, Molly Rai, Daisy Rai, Mel Johnson, Lisa Fahy, Jess Gray and Lorna Jahn. A big thank you to Miriam Rai for being our chief supporter.

Mrs Tizard



We had the great pleasure to officially open the new Sports Hall, which was done so by the Chairman of Dacorum Sportspace and sports journalist, Mr Mick Dennis. With a number of invited guests, including our local MP Mike Penny, Chair of Governors Jackie Nunn, and a number of current & ex staff, they witnessed a close fought netball match between our current

National U16 Champions and a Cavendish All-Star Staff team. (Staff won by the way!)

The Sports Hall has already made a significant part in providing our students with much needed indoor space to practice and develop their skills in a wide variety of sports. In addition to this, it allows us to increase our provision to the community, especially in sports such as Netball and cricket, as well as supporting the great work that Clare McCawley and her team of SSCO'S & Coaches, do in providing opportunities for younger students in the primary schools to take part in various festivals and competitions.

Mr Tizard
Director of Sport



We have been involved in loads of sporting activities this term! We have taken part in Family and District Cross Country, Year 1 Multiskills, Year 4 Speed Stacking and a Key Stage Two Thriller Dance Day! Our newest initiative this half term has been to hold a family badminton club after school on Tuesdays. We have been lucky enough to have Ben and Liz from Gadebridge Badminton club come and teach us badminton skills. The club has been open to all Key Stage Two children and their older family members. We have had mums, dads, brothers, sisters and even some nans come along to take part! The club allows families to spend an active time together whilst having fun in the school environment. All levels of players are welcome and there is the opportunity to join Gadebridge Badminton Club outside of school too.
Gade Valley PLT



MICKLEM SCHOOL ACHIEVEMENTS Autumn term 2009



Wednesday 21st Oct. 2009. The Cavendish family Year 1 and 2 multi skills festival : Micklem came first in this.

Wednesday 11th November 2009. Year 4 Speed Stacking festival . Won the event hence 4 girls and 4 boys were chosen to represent the Cavendish family at the Dacorum Partnership event.

25th November 2009, Year 1 Multi skills competition at Hemel Hempstead Sports Centre. Micklem came first.

Thursday 26th November 2009. Dacorum Partnership Year 4 Speed Stacking Competition. The team of 4 boys and 4 girls from Micklem came 2nd overall (losing by only 1 point !) . However the girls won overall and so will be representing Dacorum in the County finals on Friday 26th February 2009. We wish them all the best.

All these events have been initiated and organized by our sports partnership with Cavendish . Whilst our achievements have been good for a small school it's the fact that the opportunity is now there for all year groups to take part in inter school activities. And we are grateful to Amanda and Clare for all their hard work, plus the hard work of our own PLT , Justine Batchelor.
M.L.Fearnhead (Headteacher)

Hemel Hempstead Family News

Y3/4 Sport Stacking Inter School Family Festival

The Hemel Family schools were invited to take part in an Inter School Sport Stacking Festival on Monday 16th November. In the lead up to the festival most schools set up Sport Stacking clubs at lunchtime or after school so that their Y3/4 pupils could practice in preparation for the festival. The SSCo also went into a number of schools to hold an INTRA competition prior to the family festival so that all pupils across KS2 had the opportunity to take part in an INTRA competition for Sport Stacking. It was a close final between Gaddesden Row school and Nash Mills Schools. Gaddesden Row were the eventual winners with particularly fantastic performances from Joe, Sam, and George!! Gaddesden Row went on to represent the Hemel Hempstead Family in the Partnership Sport Stacking Final held at Cavendish School.



Y5/6 Cross Country Inter School Family Festival

On Thursday 12th November Y5/6 from Nash Mills, Gaddesden Row and Pixies Hill came together at the Hemel Hempstead School to compete in the 2009 Cross Country Festival. It was a beautiful sunny yet crisp morning as the Y5/6's headed out onto the field to take their place in their race. The course as ever winded its way around the Hemel Hempstead School site challenging the pupils across all terrains. The pupils from all schools performed superbly on the day bringing home some very quick times and some exciting finishes!! Well done to all those pupils/schools that took part with a special congratulations to Nash Mills who were this years Champions overall!

Final Results:

	Y5 Girls	Y6 Girls	Y5 Boys	Y6 Boys
1	Isabelle(PH)	Rebecca(NM)	Joe(GR)	Charlie(NM)
2	Kayleigh(PH)	Emily(NM)	Ben(NM)	Sasha(NM)
3	Rebecca(NM)	Bethany(PH)	Freddy(NM)	Matthew(PH)



Sports Leadership

Sports Leaders at The Hemel Hempstead School continue to excel! Every year more students in KS4

opt for the Sports Leadership course and as a result the PE department are very lucky to have assistance with delivery in OSH clubs and with House Competitions. Some sports leaders have also been out into the primary schools to assist with clubs and competitions also. The Y12 CSLA pupils and School Sports Ambassadors delivered sport stacking at the recent Y2 Taster Fayre held at the Hemel Hempstead Sports centre. All of the leaders are a credit to the school and the PE department are excited about the future of sports leaders at HHS. There are many more opportunities this year for sports leaders to play an active role within PE and Sport at HHS.



INTRA Competition

This year has seen a NEW programme of House Sports events at HHS and within the primary schools. At HHS itself the pupils in KS3 have recently taken part in Netball, Football, Sport Stacking and pupils in KS4 have taken part in Netball, Football and Table Tennis. There are many more events to come over the year with a proposed 3 different sports each term for all year groups. The events themselves are organised and run by the School Sports Ambassadors and Sports Leaders. In the primary schools the PLT's and SSCo have created individual programmes of activities to suit each individual school. So far Gaddesden Row have taken part in an INTRA school Sport Stacking competition with STAGS house being the overall winners!!!

School Sports Ambassadors

The Hemel Hempstead School has recently appointed 4 new SSA's; Becci Armorgie, Alex Hatt, Amy French and Adam King into the existing team of SSA's; Mark Allday, Paul Minter, Rachel Tiller, Harriet Bullock and Jamie Allen. Now the team has been established they will set this years SSA objectives and start to work on new initiatives with an active role in the PE Department.



Livewire Clubs

Pupils from HHS and the family primary schools have had the opportunity to take part in a Trampoline Club held at the Hemel Hempstead Sports Centre on Wednesday's after school. It has been a huge success, so much so that the partnership has had to add another club onto the 2 existing clubs for next term!!



High Quality PE and Assessment

Lots of work has been carried out this term within the PE Department at HHS to monitor HQPE, T & L and Assessment. Therefore has been a focus on KS3 and KS4 with creating more structured moderation through the use of some video analysis against the new National Curriculum criteria for standards. As a result the Assessment process is much more thorough and pupils are made more aware of their levels and how to progress to the next level.

JFK Family News

Year 4 Speed Stack Festival Wednesday 4th November 2009

School	3:6:3 Girls	3:6:3 Boys	Whole team 3:6:3 Relay	Position
St Albert The Great	1st	3rd	3rd	3rd
St Cuthbert Mayne	2nd	2nd	2nd	2nd
St Thomas More	3rd	1st	1st	1st

St Thomas More, St Cuthbert Mayne and St Albert The Great schools all came to JFK for our family festival



The winners of our family, St Thomas More, went on to represent the JFK family in the Partnership final held at Cavendish School. The team came 5th overall on the day. Miss Lavelle and I were very proud of the children's hard work and effort on the day.



U14/ U16 Partnership Badminton Competition on 1st & 2nd December 2009 at JFK

This was an exciting opportunity to run a completely new competition for all students across Dacorum at this state of the art facility. Not only has it offered more breadth and depth across our curriculum, but our lunchtime clubs have been extremely popular. We have benefited from quality coaching offered by Sara Sankey and Team SS. Our hard work paid off as the Under 14 Boys became District Champions and will represent Dacorum at the County final in February. Well done boys!



JFK Gym and Dance Display 2009

This evening contained a variety of work from individuals, pairs and groups of pupils from all years in the school, ranging from Years Seven to Thirteen. The show celebrated the music of **Michael Jackson** and tried to include as many of his classic tracks as possible! Many of the routines were from the Gymnastic and Dance clubs that rehearse during lunchtimes, as well as routines that the students have choreographed themselves. Also on show was work from GCSE Dance, Trampolining and Gymnastic students. We would like to thank all 180 pupils who have given a great deal of time and effort to making this display possible.



Year 5 & 6 Family Fun Run—Thursday 15th October 2009

This event was held at St Cuthbert Mayne and we had over 160 children take part. We were very lucky with the weather and with the superb organisation and enthusiasm of Year 10 Sports Leaders from JFK it helped make the event a great success. Overall school results: 1st Bridgewater 2nd Thomas Corum 3rd St Cuthbert Mayne 4th St Thomas

Kings Langley Family News

Bovingdon Primary open their new multi sport facility which we hope will host some family competitions later in the year. The great new facility can offer football, hockey tennis, netball and much more and the Kings Langley family hope to use it regularly in the future.



KL primary have had their sports coordinator in this term training up 20 yr 5 students to be playground leaders. They get taught how to work with younger children, games to play and organise a safe and positive playground when on duty.



Our Year 6 Running Festival

Our running festival took place on Monday 9th November, it was a very exiting activity and we really enjoyed being part of it.

We left school at 10:30am and we took a double decker coach to Chipperfield Common. There we met some students from Kings Langley Secondary school who told us what we were going to do there.

After that, they walked us around the course we were to be running on. The course took us through the forest and back out again. Then, they took the group 3s from all the schools to the start line. An air horn was blown to signal the start of the race.

When they had finished the course they ran through a marked off finish line to receive their placing on a raffle ticket. Then the group 2s ran (again from all of the schools) and the same air horn set them off. When they came back, they too got a raffle ticket. And the same for the group 1s.

After this, we all lined up in our groups (in our different schools) to be told who the fastest ten people in each group were. Certificates were given out to those people, but everyone got one sent to the school for taking part. Next, the winning school from each group was announced. Each school had won one race!

After the certificates were handed out we all got back on our coaches (us on our double decker) to return to our schools.

It had been a fantastic day out and we really enjoyed it, it was really fun and we hope that we can do it all over again.

Written by Fiona and Elysia of Bovingdon Primary School

On a sunny 9th Nov, Bovingdon, Kings Langley and St Pauls converged on Chipperfield common for the yr 5/6 running festival organised through the SSCO scheme. Year 10 Leaders from KL set up a challenging course that over 180 students completed, split into 3 different races. It was a very enjoyable event that saw each school win one category each and the leaders from KL secondary have their first taste of working with the primaries. Well done to those who went on to compete in the district x country at Longdean.

Funding pushes on Basketball and Table Tennis at KL

Coaches have been coming in to KL this term to run basketball and table tennis clubs that have proved popular with students. Next term we hope to offer self defence as a sixth form option on Fridays and offer a boxing club to yr 9,10 & 11 boys on Monday lunchtimes.

St Paul's get busy with Sport

After winning the A race at the family X country we went to the District cross country with confidence- In a big field of talented athletes our best result was James Lefrere Yr6 coming 7th. We have also won 2 of our football league games so far (Scores were 11-0 v Leverstock Green and 5-1 v George Street) and we sent a speed stacking team to cavendish for the partnership finals. We are now looking forward to Tag rugby sessions run by our scco, our family swimming gala and yr 4 and 6 indoor athletics.

Longdean Family News



Sports Leadership

It has been another busy term for the Sports Leaders at Longdean. They have been involved in the following events: Year 6 Football/Netball, Year 5 Football/Netball, Year 4 Speed Stacking, Year 6 Fun Run, Year 4 Sports hall Athletics and the District Primary Schools Cross Country Championship. Along with this they have running and supporting various lunchtime and after school clubs and refereeing/umpiring matches. Seven Year 12 students also support curriculum PE lessons in Longdean Family schools as part of their Community Service programme.

Due to their hard work and dedication a number of students received Step into Sport Awards during the Autumn Term. Lauren Cripps received her Silver Award and Gemma Woosley, Sarah Edgar, Ros White, Gemma Brown and Emma Jolly received their Bronze Awards. Lauren, Gemma Woosley, Ros and Kim Doolan also received awards at the Herts Sports Partnership Service to Sport Awards in October.



This term also saw the beginning of the Longdean Sports Leadership Academy. The first event took place in November. Year 12 students Mina Gaisie, Emma Jolly and Gemma Brown, who attended the Hertfordshire Step into Sport Conference, led a session for the other Year 12 Sports Leaders based upon the new yoUR Sport resource that has been supplied by Youth Sport Trust for all secondary schools.

**step
into
sport**

Hertfordshire Step Into Sport Conference

'Your Part in the Team'

We were selected to go to Wodson Park Sports Centre in Ware for the Hertfordshire Step Into Sport Conference along with 180 other Year 12 students from all over Hertfordshire. The focus of the day was how to make a difference to young people's lives by improving our own coaching skills and techniques, as well as learning how to encourage other young volunteers within Hertfordshire. Firstly, we met and had a motivational talk from the Great Britain rowers, Acer Nethercott, who performed at the Beijing Olympics in 2008, coming second overall. This was inspirational and encouraged us to volunteer on a wider scale in the community. Throughout the day we learnt and participated in numerous activities which enhanced teamwork within our group. We also adapted these games to different situations, which could further be used within our various volunteering opportunities. Overall, the day was very enjoyable. We gained confidence through being part of a team and being able to lead a group. We also learned and practiced many of the skills that are essential to success in sports leadership.

By Gemma Brown, Emma Jolly, Mina Gaisie Longdean Year 12

**step
into
sport**



Livewire Street Dance Club



A group of Year 7 and 8 students took part in a 10 week Street Dance programme funded by Livewire. The girls worked hard each week and produced a dance that they performed in the Apex Dance Christmas Show. The group are intending to continue the Club during the Spring Term and enter a dance into the Dacorum Sports Partnership Dance Competition at the end of term.



Two Waters School

Two Waters enjoyed participating in many inter school events over the Autumn Term, including the Years 1 and 2 sports festivals at Sportspace Hemel Hempstead. For many children this was their first opportunity to try out new sports and actually play against other schools and was a most enjoyable experience for all.

Both years 5 and 6 enjoyed taking part in the netball / football competitions at Longdean School; the competitive spirit was high, but good sportsmanship was demonstrated by all.

Year 4 children have increased their interest in speed stacking after taking part in a competition at Longdean. In addition to this, 8 of the children proudly represented the Longdean family at a partnership final and although they were not winners, they enjoyed the event and represented the school in an exemplary manner.

To continue the theme of speed stacking, the school now has a 'before school' speed stacking club every Friday morning. It is a popular club with 20 members, who are getting quicker and trying more moves every week.

Two Waters have now also formed two football teams, training every Thursday after school. They recently played their first match against Belswains Lane School and although both teams lost narrowly, the players worked well as a team and now look forward to the return match in the Spring Term.

Jane Hill PLT at Two Waters



Year 4 Speed Stack Festival

130 pupils from Two Waters, Lime Walk, Belswains, Woodfield and Leverstock Green Schools attended this Festival. The Speed Stacking proved to be as popular as ever as the pupils displayed their speed, dexterity in the individual and team races. All the pupils certainly returned to their schools with improved skills and wanting to take part in more Speed Stacking.



Year 4 Sportshall Athletics Competition

The Reddings, Belswains, Lime Walk and Two Waters Schools took part in this event organised by James Cato, the Competition Manager. The 114 pupils enjoyed the running, jumping and throwing competitions and displayed a high level of skill in all of them. 33 Year 10 students from Longdean measured, timed and recorded the results. It was the first time that the Year 10 Sports Leaders had been able to use their leadership skills in a Festival and they were mentored during the event by 5 Year 13 Sports Leaders.



Year 5 and 6 Football/Netball Festivals

Both the Year 5 and Year 6 Longdean Family Football/Netball Festivals took place during the Autumn Term. Belswains, Leverstock Green, Two Waters and Lime Walk Schools were represented at the 2 festivals with almost 60



The Longdean Family School Sports Partnership Fun Run took place on a surprisingly dry day in November. 130 pupils and staff from Belswains, Leverstock Green, Chambersbury, Two Waters and Woodfield Schools completed the mile long course. All the runners received a certificate to recognise their achievement.



pupils Year 6 pupils and 50 Year 5 pupils enjoying the competitive experience and displaying a high level of skills throughout. The Year 5 Netballers were also lucky enough to receive a coaching session from Emma Moule who is the Hertfordshire Netball Development Officer.

Tring Family News

Intra Competitions

With the results of the PESSYP survey clearly indicating a need to have more Intra competitions in Dacorum, most schools in the family have done an amazing job this term to increase the number of competitions within their schools. With a family target of just one intra competition per term, Dundale have absolutely blasted the stats by holding not just one but FOUR Intra competitions this term. An

Year 3, 4, 5 & 6 Speed Stacking



This year's Speed Stacking festivals were a great success with over 90 pupils competing in timed races, relay races, individual practice sessions and demonstrations. Introducing the year 5 & 6's this year has allowed them to once again experience speed stacking in a competitive and all inclusive environment, ensuring that they reinforce their skills to transfer into their PE lessons and fixtures.

The leaders were once again on hand to ensure that all of the pupils have lots of FUN and learn about the skills required for successful speed stacking. The leaders even helped students build a HUGE pyramid with all of the cups they could find - very impressive! Every student walked away with a certificate for their efforts with Grove Road, Aldbury and Little Gadd taking the top 3 spots in the overall schools competition for the year 3 & 4's. One particular year 4 girl from Grove Road proved just how much practice makes perfect with the best time by far, even beating the teachers! She went onto the Partnership Speedstack Festival with Grove Road and wiped the floor with all of the competition by not only being the fastest individual girl, but the fastest student in the whole partnership!!



Sports leaders

With the start of a new term comes the beginning of a whole host of new leaders to the Partnership. Tring now have over 40 Sports Leaders doing their CSLA or JSLA courses and most have started off the term exceptionally well! With their hours being recorded online, they each have a target of 50 hours worth of volunteering to attain the bronze level of achievement and there will certainly be some leaders including Tash Humphris, Laura Barthorpe and Jenny Hyde who will surpass this figure if they continue volunteering as they have been! Thanks must go to all leaders, without whom none of the Primary festivals would take place. Keep up the good work!

Next term there is plenty to look forward to including some exciting new Partnership Funded events and clubs as well as a whole host of Primary Festivals!



Tring Cross Country

The first festival of the year always sets the standards for the rest of the year and judging by the numbers and enthusiasm from the Year 5 & 6 runners, this year is set to be the most active yet!

On 15th October, over 120 pupils took part in the two lap course at Tring school and despite the length of the course, the pupils battled around it with determination and enthusiasm with some superb performances from the students.

The 21 leaders were very impressed with the winning students who even managed to out run the pace setter - an achievement in itself! Congratulations must go to Long Marston who appear to be continuing with their winning ways by winning both the overall Boys and Girls races. Aldbury school and St. Barts were the winning boy and girl race individual schools which is a fantastic achievement from the village schools.

The Leaders did a great job in warming up the students and marshalling them around the course ensuring their safety and the final straight provided much entertainment for the crowd who bravely supported the students! Many of the students who did well in this race went onto compete in the District Cross Country race and continued with the great effort culminating in Long Marston coming in at 8th place from 24 schools in the district.



Year 5 & 6 Basketball Festival

Basketball is always a very popular festival for the year 5 and 6 students as not all of them experience the sport in their PE lessons. The festivals allow them to learn and practice their skills in small sided, mixed games and there were some amazing skills on show including some unbelievable basket shots. The leaders were on hand as ever to referee the matches



and coach new skills to the students whilst ensuring maximum enjoyment all round. It was a great success for all with the emphasis on taking part, learning new skills and enjoyment!

Partnership Funded Clubs

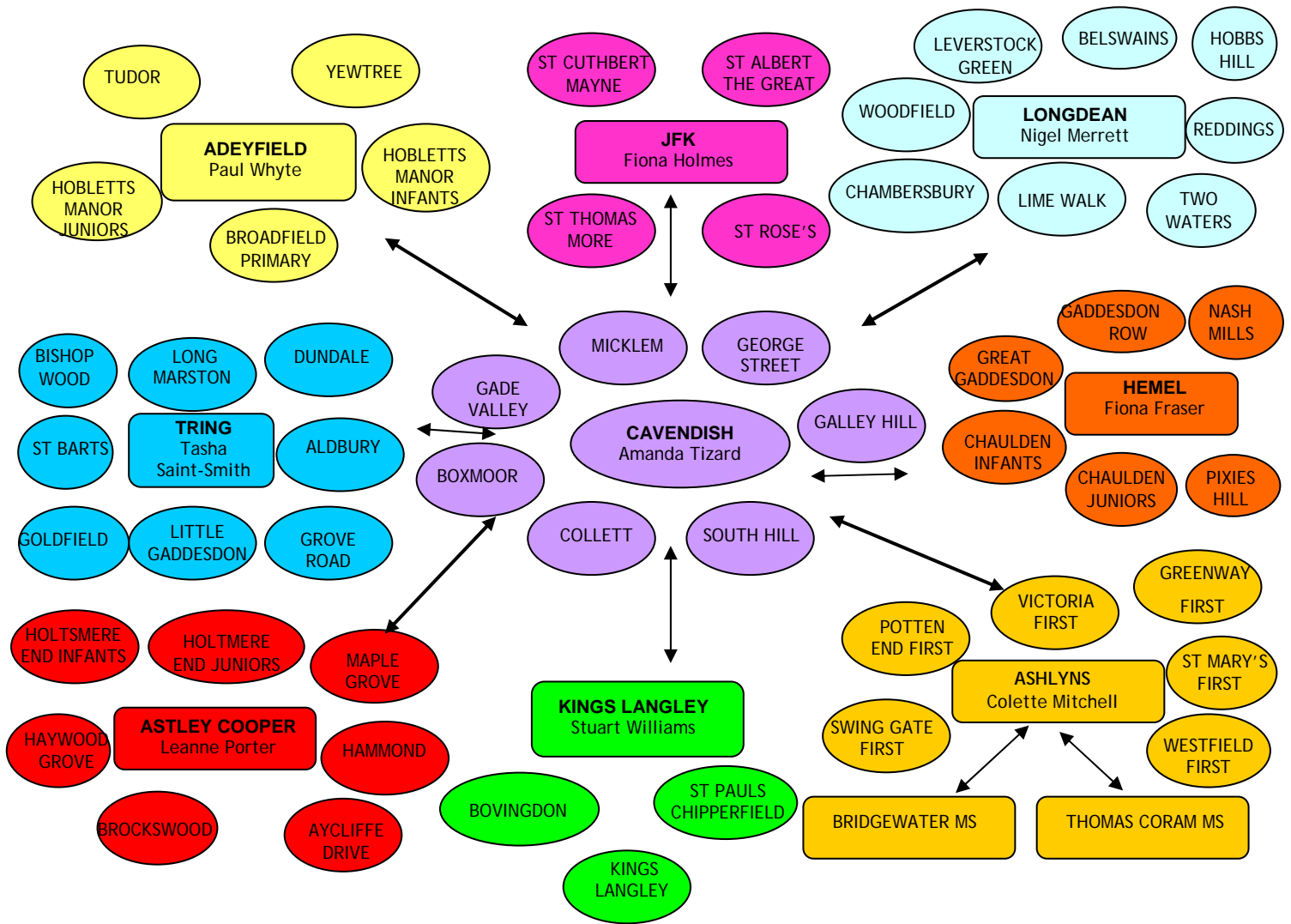
Tring school pupils were offered a fantastic range of clubs this term including Street Dance which was very well attended as well as Girls Football and Pilates for the sixth form girls on a Friday. Tring and Dacorum Athletics Club continued their great work with Tring pupils by running an off-season club for our talented athletes at the school. Tring pupils should look forward to yet more interesting clubs next term including Boxing, Cheerleading and Rugby!



Badminton and Table Tennis Competitions

With the return of the Dacorum Competition Manager this year, Tring started the term well by winning the Under 14 and Under 16 Boys Table Tennis competition. A brilliant success for the boys! In badminton, the boys U14 squad also won the competition against all of the other Dacorum schools so it goes to show that we certainly have some talent at Tring school. Well done all!

DACORUM SCHOOL SPORTS PARTNERSHIP



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